

# Bicarbonate Dialysis

Prof Nagy Sayed-Ahmed

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1. Definition & Stages of CKD
2. CKD & ESRD magnitude of the problem in EGYPT, USA & WW
3. Uremic syndrome & Uremic Toxins
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**Table 10. Stages of Chronic Kidney Disease**

Stage	Description	GFR (mL/min/1.73 m <sup>2</sup> )
1	Kidney damage with normal or ↑ GFR	≥90
2	Kidney damage with mild ↓ GFR	60–89
3	Moderate ↓ GFR	30–59
4	Severe ↓ GFR	15–29
5	Kidney failure	<15 (or dialysis)

Chronic kidney disease is defined as either kidney damage or GFR <60 mL/min/1.73 m<sup>2</sup> for ≥3 months. Kidney damage is defined as pathologic abnormalities or markers of damage, including abnormalities in blood or urine tests or imaging studies.



ON  
GRANULAR DEGENERATION  
OF  
THE KIDNIES,  
AND ITS CONNEXION WITH  
DROPSY, INFLAMMATIONS, AND  
OTHER DISEASES.

BY  
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PROFESSOR OF MATERIA MEDICA, AND ONE OF THE PROFESSORS OF  
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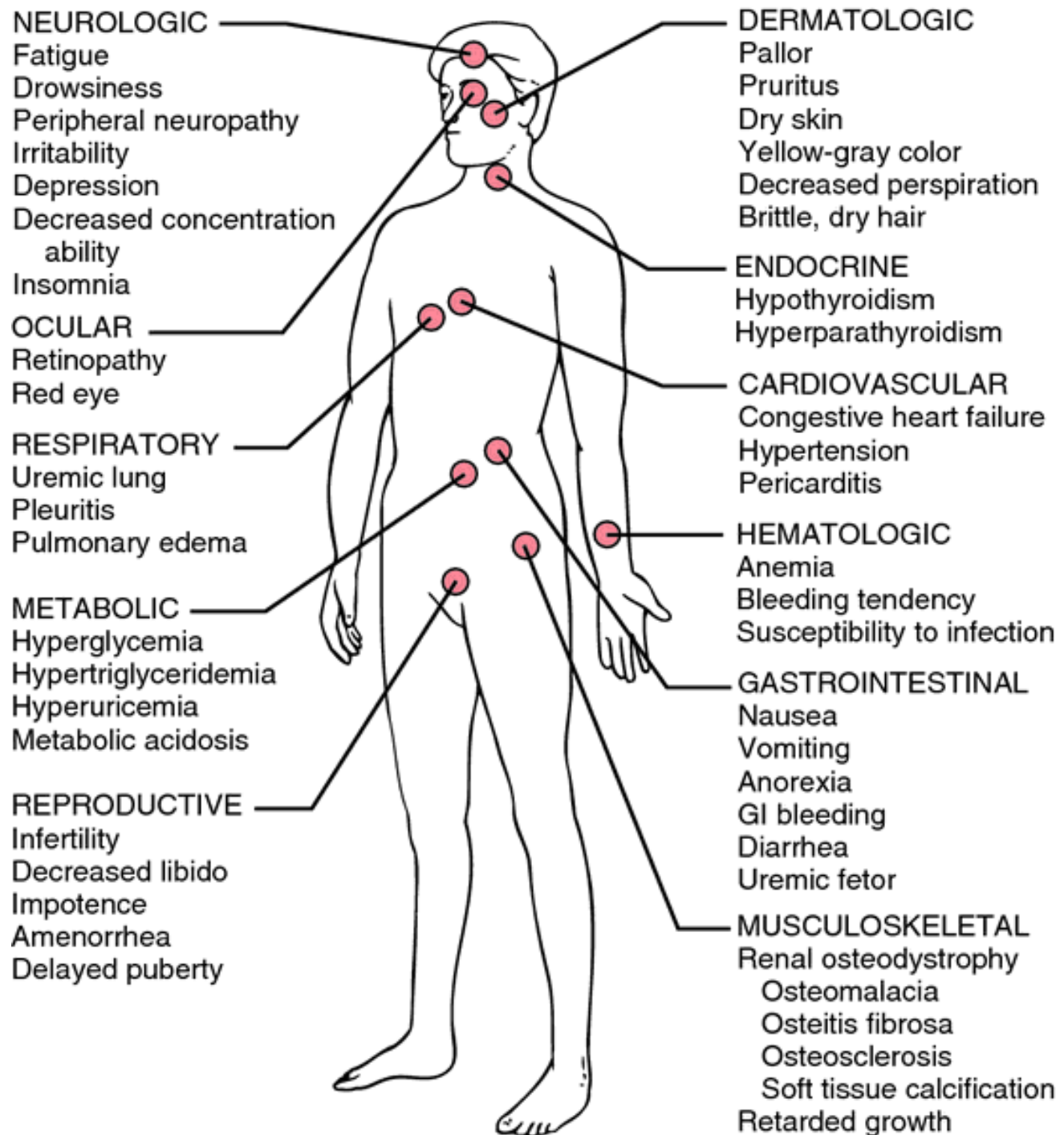
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AND LONGMAN, ORME, BROWN, GREEN, AND LONGMANS,  
LONDON.

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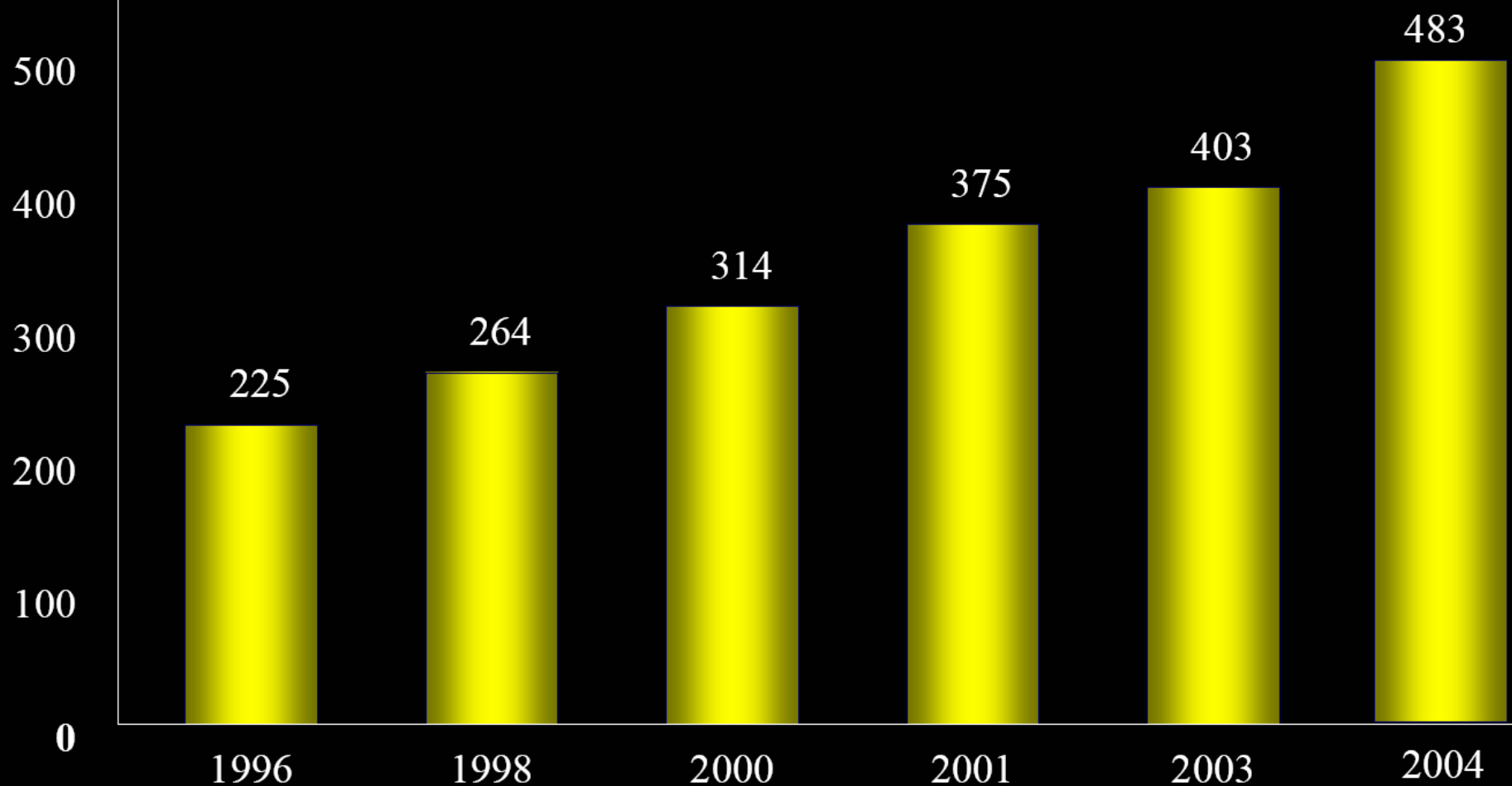
MDCCCXXXIX.

(Sir) Robert Christison (1797–1882) of Edinburgh, Scotland (a),  
who first articulated in 1839 a theory of uraemia based on the  
retention of solutes, particularly urea



# Prevalence of ESRD in Egypt

Number of patients/million population



# SOME UREMIC TOXINS - 1

- By-products of ptn & AA metabolism:
  - Urea
  - Guanidino compounds:
    - Creatinine & creatine & sarcosine
    - Guanidine
    - Methyl & dimethyl guanidine
    - Guanidinosuccinic acid
  - End products of nucleic acid metabolism:
    - Urates & hippurates
  - End products of aliphatic & aromatic AA metabolism
  - Other nitrogenous substances
  - Advanced glycation end products
- Inhibitors of ligand-protein binding & inhibitor of somatomedin and insulin action
- Middle molecules (500-12000 Da)



## UREMIC TOXINS - 2

- ◉ Urea → anorexia, malaise, nausea, vomiting
- ◉ **Guanidinosuccinic acid** → interferes with activation of platelet factor III by ADP
- ◉ PTH, insulin, glucagon, LH, prolactin: decreased degradation + enhanced secretion
- ◉ **PTH**: adverse effect of elevating cellular cytosolic  $\text{Ca}^{2+}$  levels in several tissues and organs

# Acid-base Balance In Chronic Kidney Disease

- Acid-base balance is normally maintained by the renal excretion of the daily acid load (about 1 meq/kg per day, derived mostly from the generation of sulfuric acid during the metabolism of sulfur-containing amino acids)

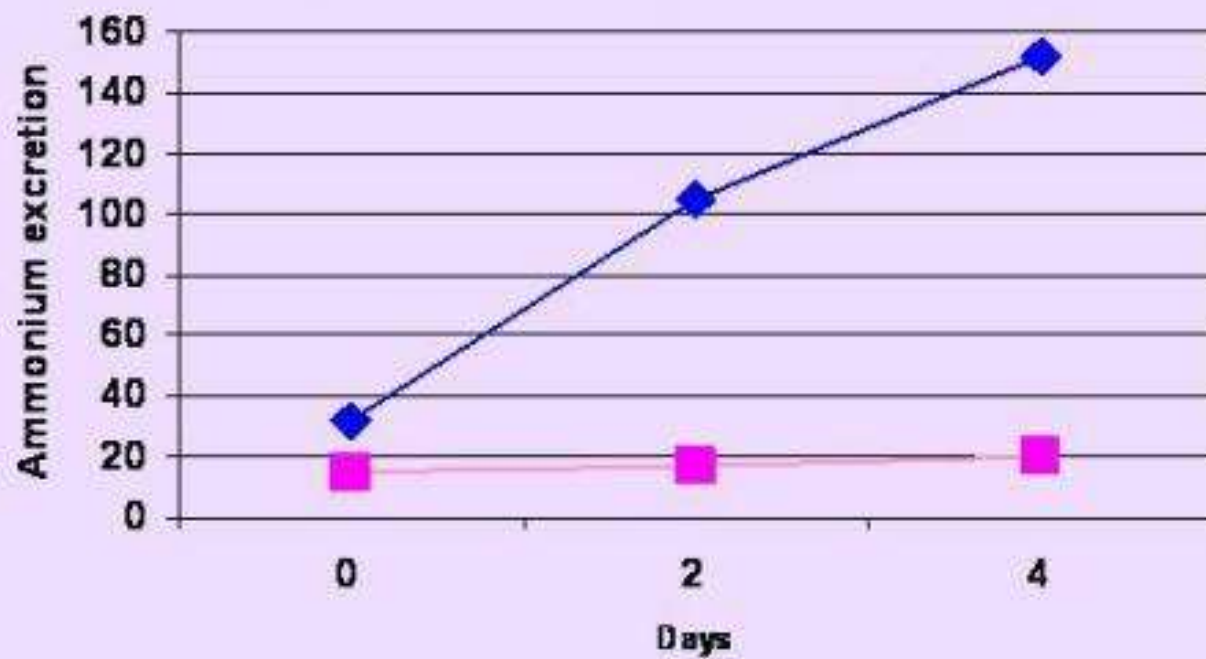
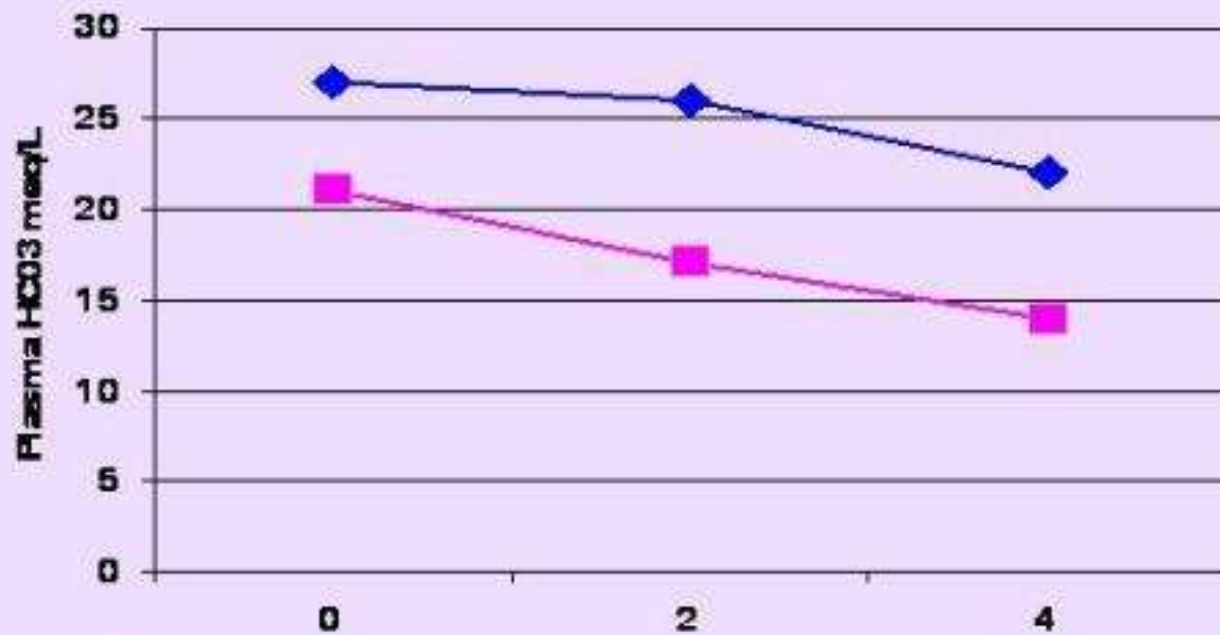
# H<sup>+</sup> Secretion in CKD

## In early stages of CKD:

- H<sup>+</sup> balance and HCO<sub>3</sub><sup>-</sup> remain normal due to increases in:
  - H<sup>+</sup> secretion per residual nephron
  - NH<sub>3</sub> (buffer) production increases

## In late stages of CKD

- Metabolic acidosis develops due to decreased:
  - NH<sub>3</sub> generation\*\*\*\*
  - HCO<sub>3</sub> reabsorption
  - Excretion of hydrogen ions
- HCO<sub>3</sub> levels falls to 12 to 20 and then stabilizes due to bone buffering



◆ Normals    ■ CKD

# Metabolic acidosis in CKD

- a mixture of normal anion gap and increased anion gap;
- the kidneys are unable to produce enough ammonia in the proximal tubules to excrete the endogenous acid into the urine in the form of ammonium.
- accumulation of phosphates, sulfates, and other organic anions

# Deleterious Effects Of Metabolic Acidosis

- Negative nitrogen balance
- Increased protein degradation
- Increased essential amino acid oxidation
- Reduced albumin synthesis
- Lack of adaptation to a low protein diet
- Renal osteodystrophy: bone acts as a buffer for excess acid, with resultant loss of mineral.
- Acidosis interferes with vitamin D metabolism

# Replacement of Failed Organ Function

- The challenge of replacing or restoring missing body parts, diseased organs, or defective physiologic functions
- A functional prosthetic toe found on an egyptian mummy dated to approximately 1800 BC
- Glass eyes, wooden legs, and iron lungs
- Frequent injection of xenogeneic insulin to treat diabetes caused by exocrine pancreas failure

# Organ Replacement Strategies

- from the late 1950s and early 1960s: surgeons + engineers introduced transplants and man-made organometallic devices – replace the function of
  - kidney,
  - portions of the heart,
  - the lung, and
  - large joints



# Value of RRT

- By the end of the last millennium nearly one million individuals worldwide, who had suffered complete and irreversible failure of kidney function, were being maintained alive by a 'temporary' treatment: dialysis
- The kidney was the first organ for which complete mechanical substitution became possible

# Dialysis

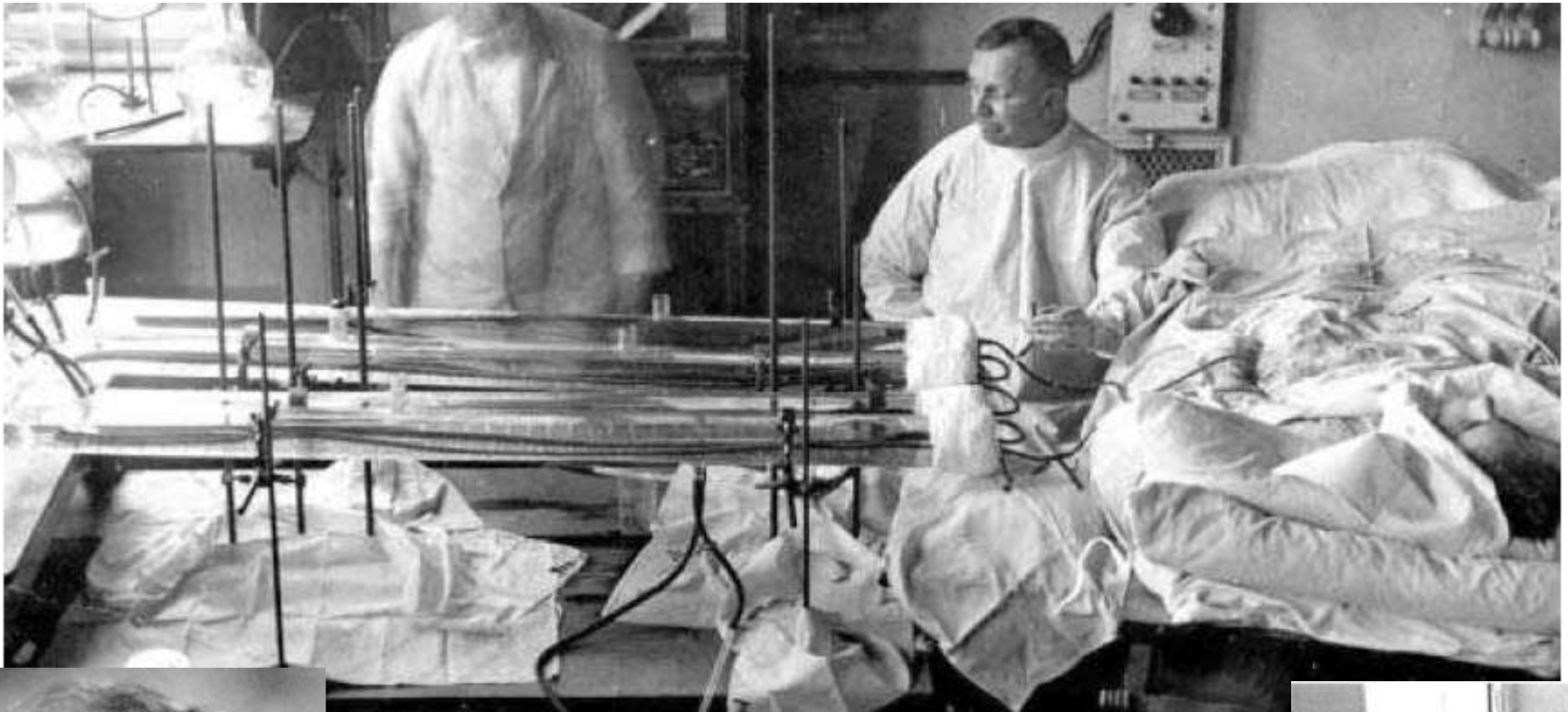
- Maintenance dialysis is the most remarkable contemporary approach to organ replacement
- $> 1.5 \times 10^6$  people in the world are alive just because they have access to one form or another of RRT
- 90% live in the developed countries (average gross income  $> \$10\,000$  per capita)
- RRT is so costly: the vast majority of the world's population unable to take advantage of it

# Hemodialysis

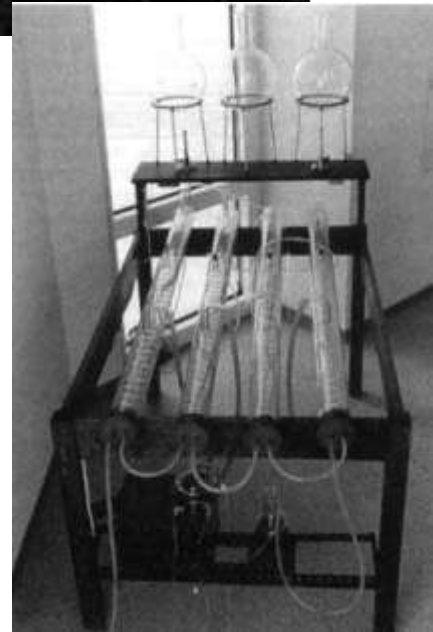
- Currently sustain or vastly improve the lives of >20 million recipients
- High-technology organ replacement accounts for ~ 8% of worldwide health care expenditure
- WW, costs of organ prosthesis exceeds \$300 billion US dollars per year and represents between 7 and 8% of total worldwide health care spending.
- ??? ESRD maintenance therapy really represents the "highest and best" allocation of society's finite health care expenditure



Thomas Graham (1805–1869) the 'father' of dialysis. Described diffusion, re-defined the word *dialysis*, distinguished what he named 'crystalloids' from 'colloids', described the first ever dialysis membrane. 'Molecules are moved by the force of diffusion'

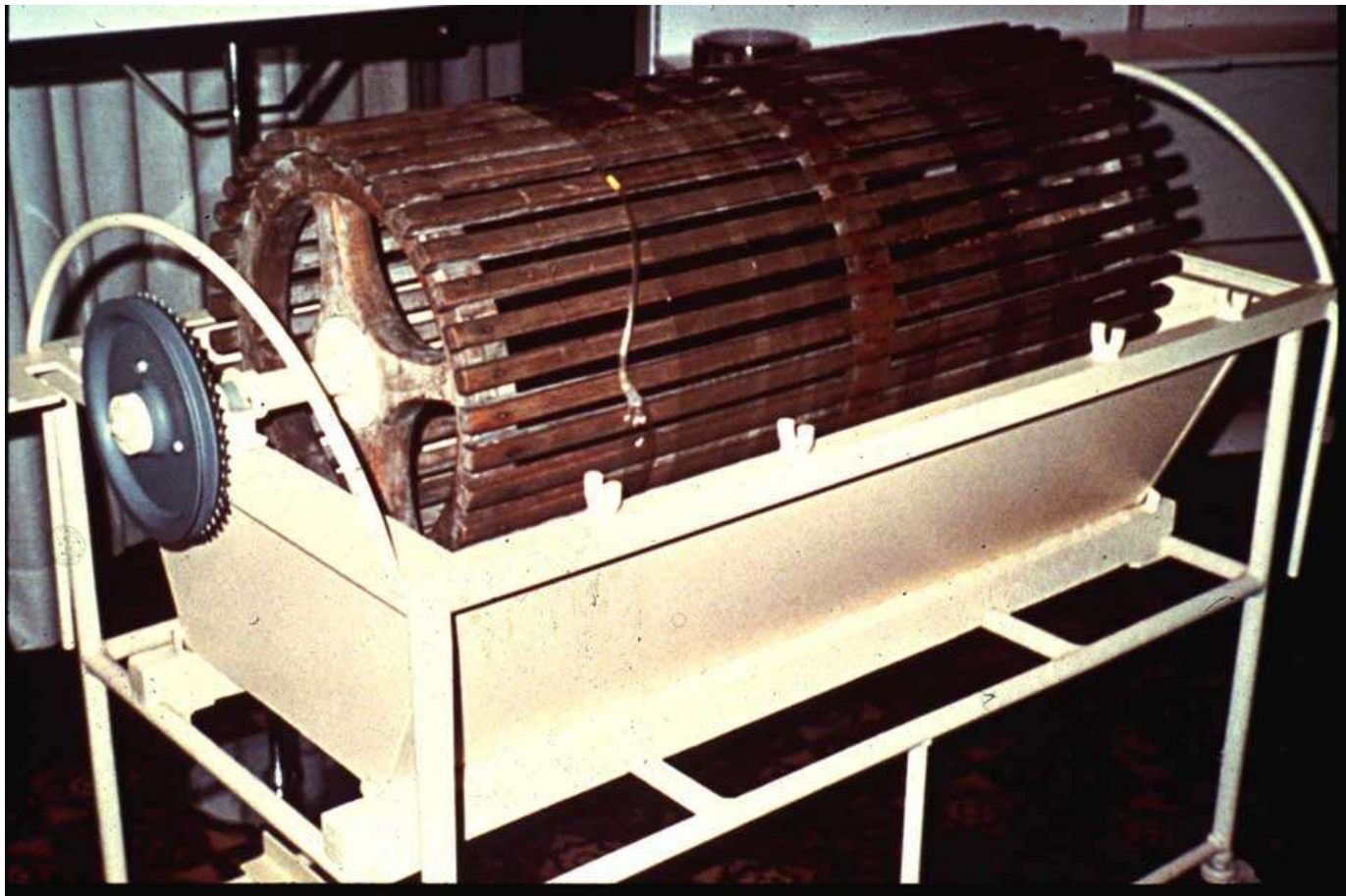


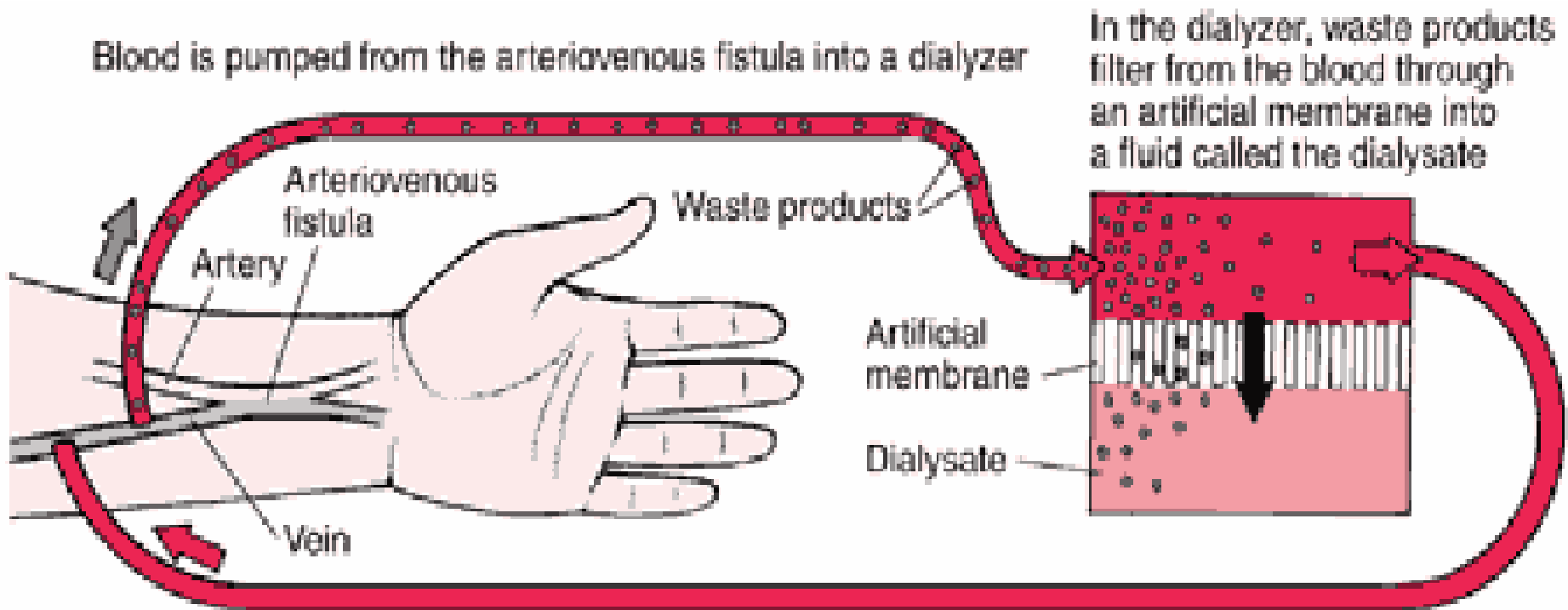
Haas performing a dialysis  
on a young girl in 1926





Dr. Willem Kolff is considered the father of dialysis. This young Dutch physician constructed the first dialyzer (artificial kidney) in 1943.

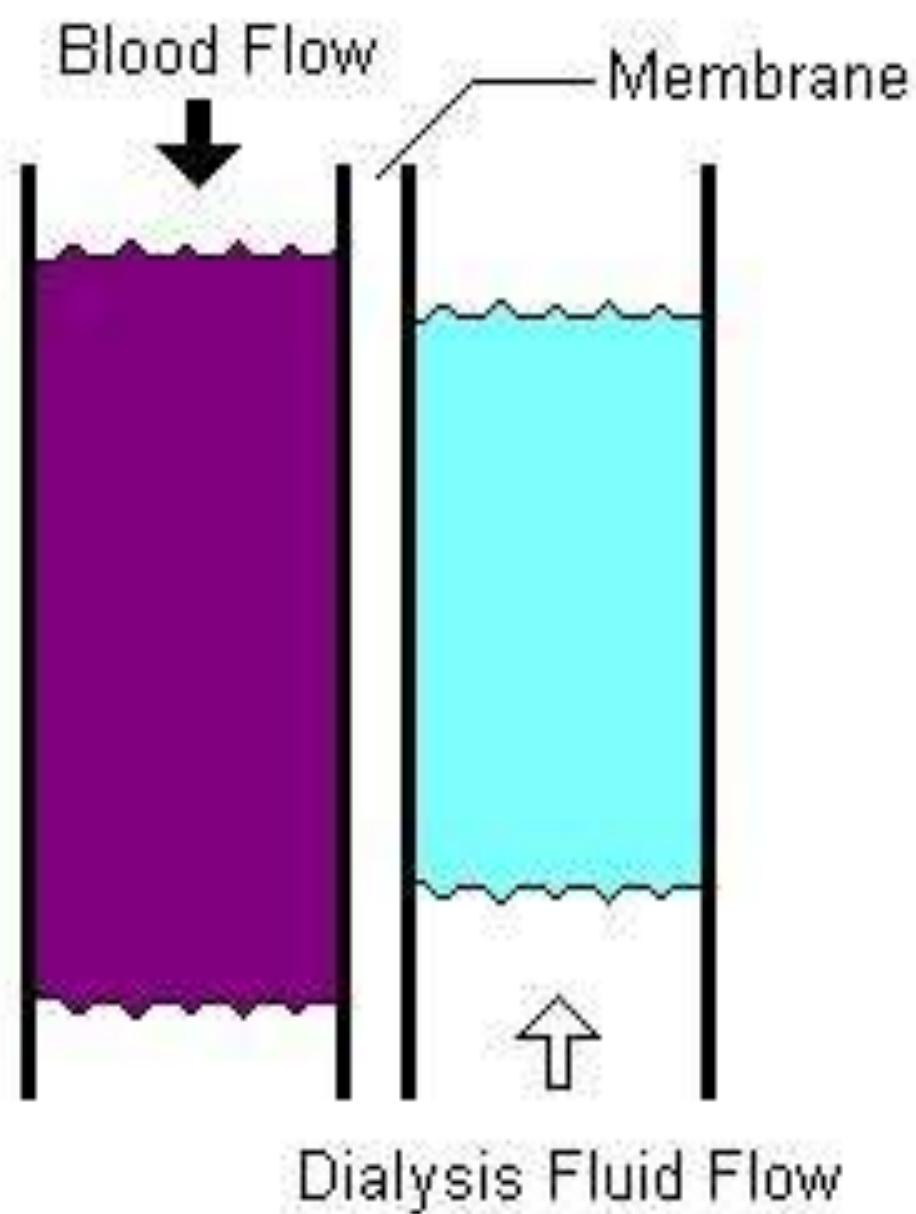




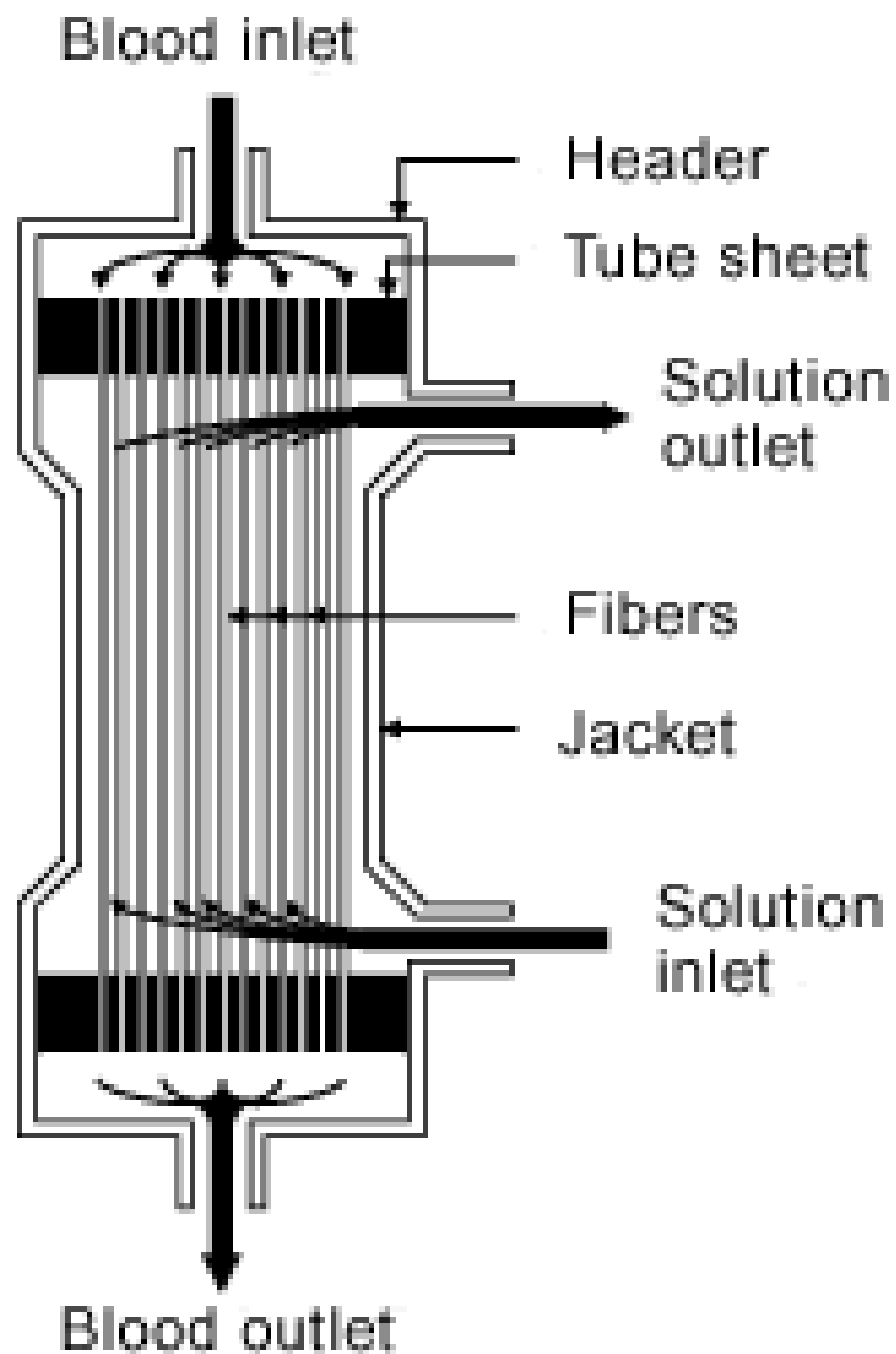
Purified blood is pumped from the dialyzer into the arteriovenous fistula

### Hemodialysis

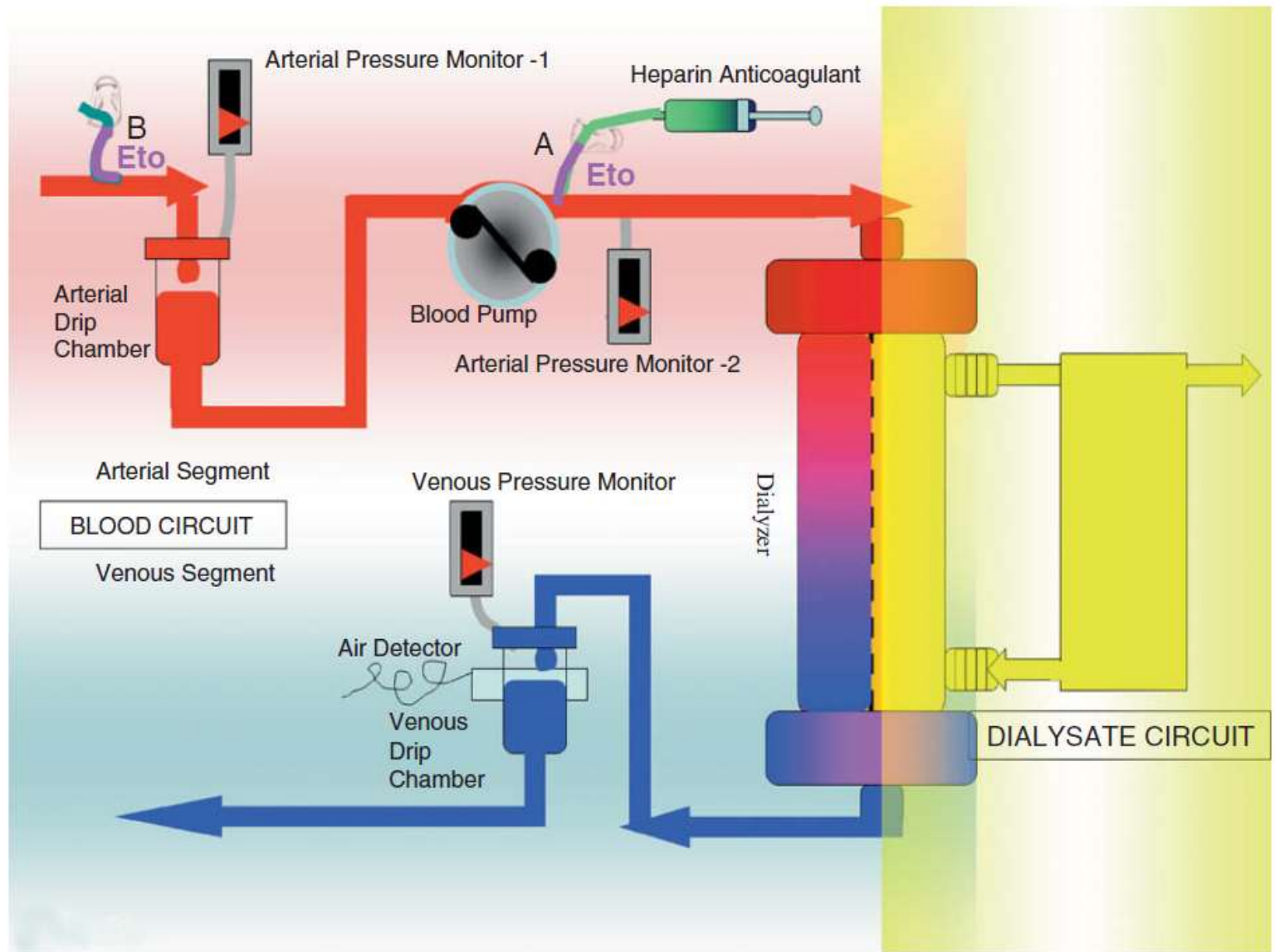
## Countercurrent Flow

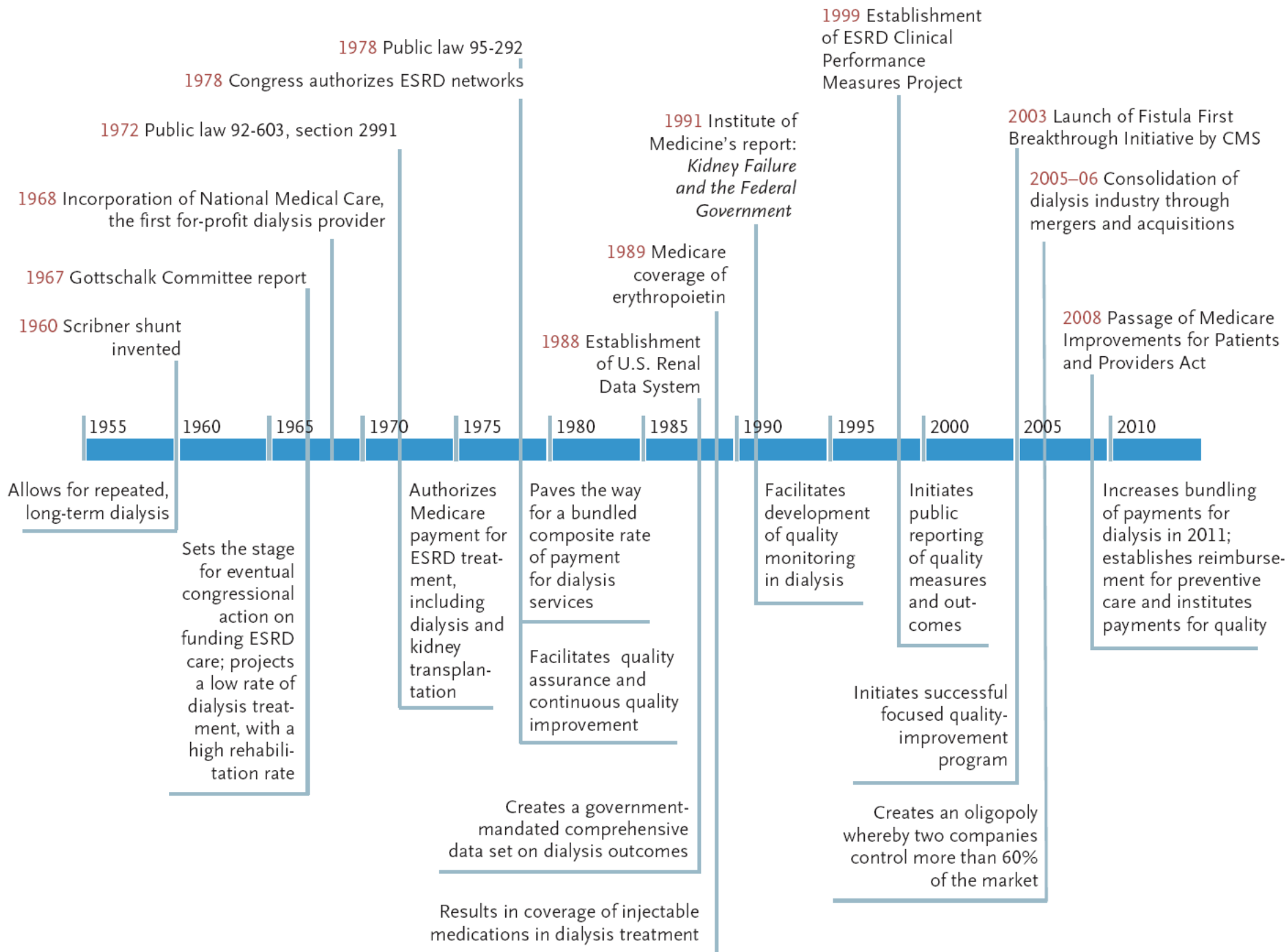


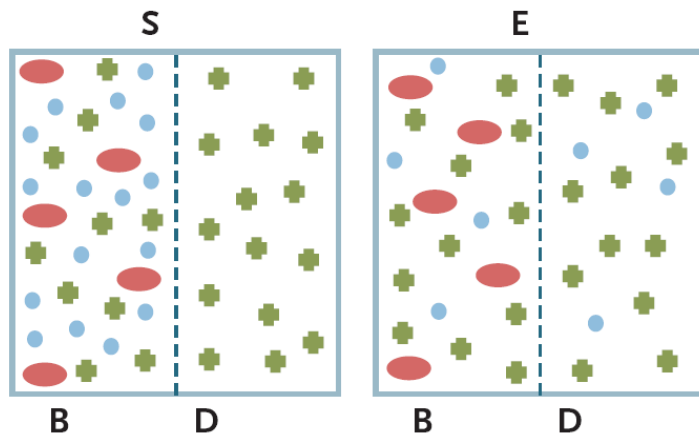
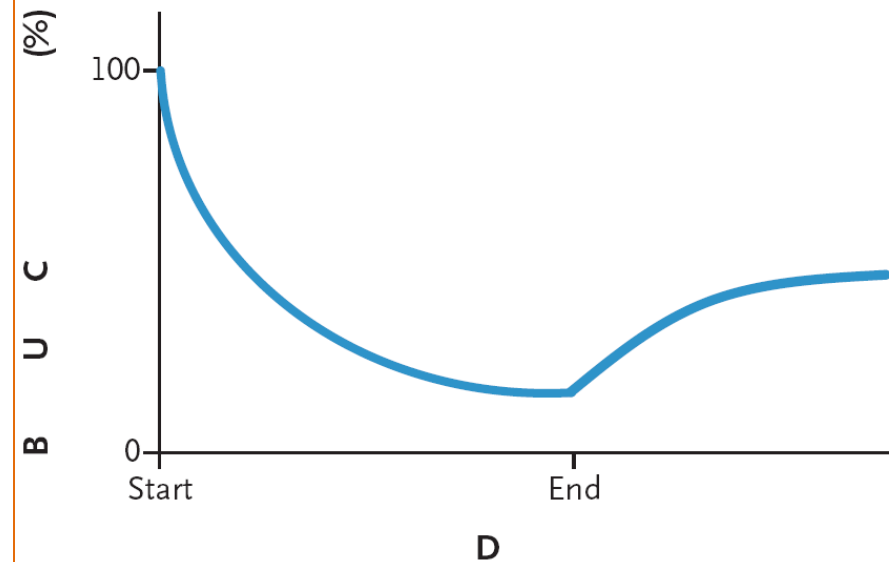








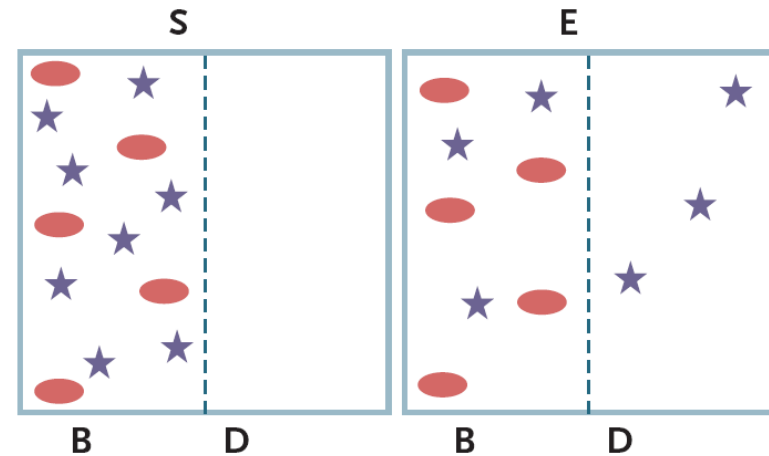
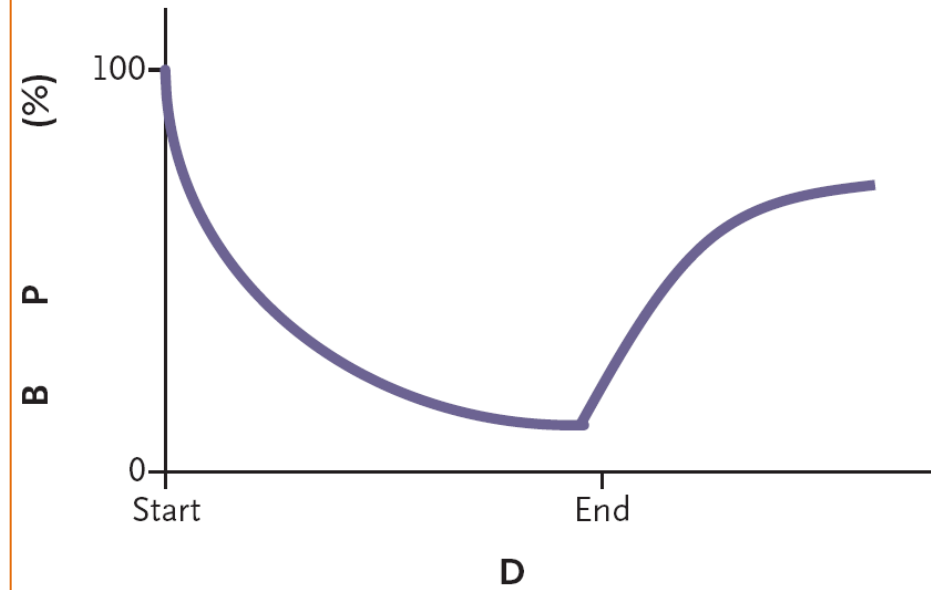




● Urea

● Blood cells

● Bicarbonate



● Blood cells

★ Phosphate

Dialysate composition

Sodium	Between 130 and 145 mmol per liter. Higher sodium concentrations decrease the risk of intradialytic hypotension but increase thirst and interdialytic weight gain.
Potassium	Generally 2 to 3 mmol per liter. Lower levels of dialysate potassium are associated with sudden cardiac death; intradialytic potassium removal is highly variable, and plasma potassium levels rebound about 30% after dialysis.
Calcium	Generally 1.25 to 1.75 mmol per liter. Only non-protein-bound calcium is removed; higher levels of dialysate calcium increase intradialytic blood pressure.
Magnesium	Generally 0.5 mmol per liter. The optimal level of magnesium is unresolved, and magnesium flux is difficult to predict.
Alkaline buffers	Commonly 30 to 40 mmol per liter. Predominantly bicarbonate with a small amount of acetate; bicarbonate concentration can be adjusted to correct metabolic acidosis.
Chloride	Defined by prescribed cations and alkaline buffers in dialysate.
Glucose	Commonly 100 to 200 mg per deciliter. Higher levels of glucose promote hypertriglyceridemia.



## Composition of Dialysate (mEq/l)

Sodium	135–145
Potassium	0–4
Calcium	2.5–3.5
Magnesium	0.5–1.5
Chloride	98–112
Acetate / Citrate	4–10 / 2.4
Glucose	0–200 mg/dl
Bicarbonate	35–40

### Acid concentrate

- NaCl
- CaCl
- MgCl
- Acetic acid
- Dextrose

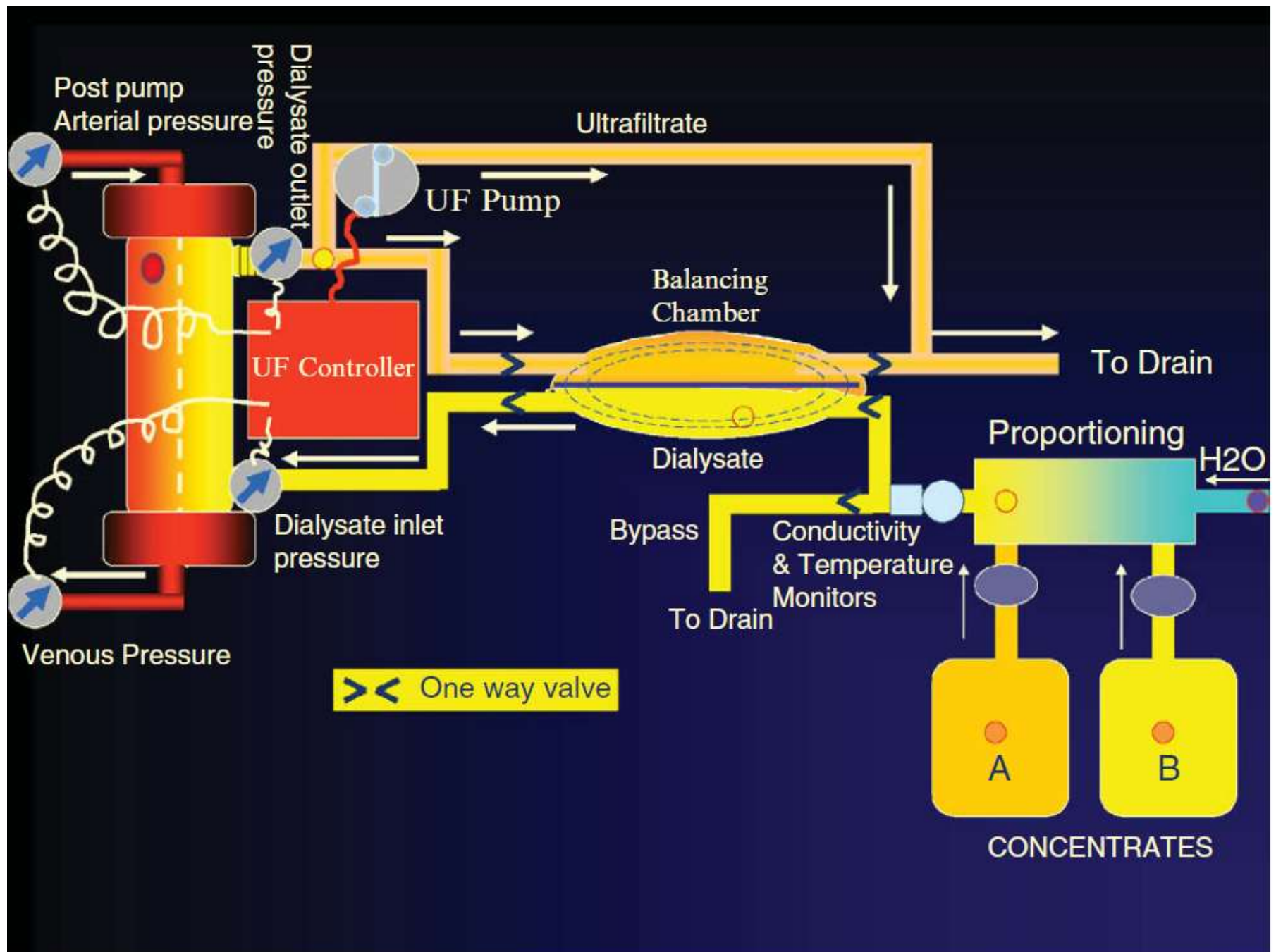
NaHCO<sub>3</sub>  
concentrate

Pure  
H<sub>2</sub>O

Proportioning  
system

Na	137	mEq/L
Cl	105	mEq/L
Ca	3.0	mEq/L
Acetate	4.0	mEq/L
HCO <sub>3</sub>	35	mEq/L
Mg	0.75	mEq/L
Dextrose	200	mg/dl





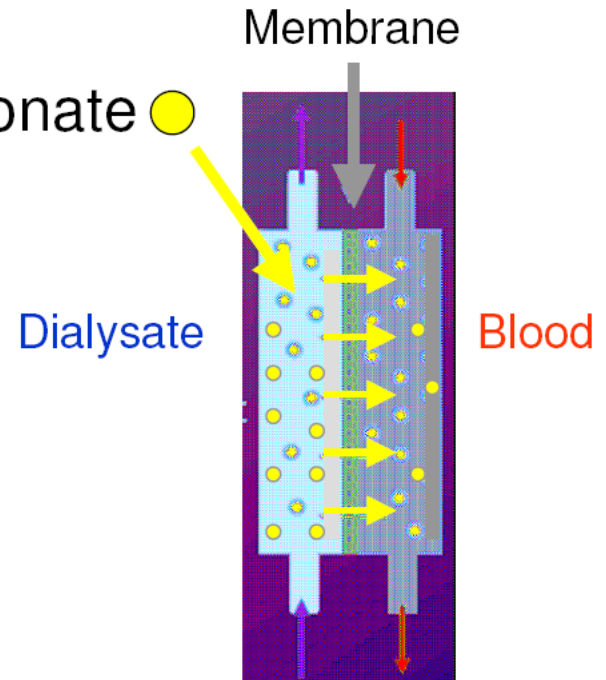
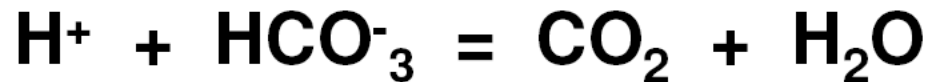








# How do we correct metabolic acidosis ?



Correction of acidosis:

→ **Dialysate bicarbonate conc. 30 – 40 mmol/l**

→ **Predialytic bicarbonat conc. > 20 mmol/l**

# Advantages and disadvantages of modifications in the dialysate composition

Substance		Advantage	Disadvantage
<b>Na</b>	↑ ↓	Hemodynamic stability Reduced osmotic stress	Thirst ↑ / weight gain ↑ Hemodynamic stability ↓
<b>K</b>	↑ ↓	Arrhythmias ↓ Dietary intake ↑	Hyperkalemia Risk of sudden death ↑
<b>Ca</b>	↑ ↓	PTH ↓ Use of Ca-containing P-Binders ↑	Hypercalcemia / Vascular calcification Stimulation of PTH ↑
<b>Mg</b>	↑ ↓	PTH ↓ / Arrhythmias ↓ Bone mineralisation ↑ / Bone pain ↓	Nerve cond. / pruritus / bone disease Arrhythmias / cramps / PTH ↑
<b>HCO<sub>3</sub></b>	↑ ↓	Acidosis control ↑ Postdialytic alkalosis ↓	Postdialytic alkalosis Promotes acidosis

Kotanko et al Ch 83 Hemodialysis, Adequacy and Outcomes 953-966  
 Comprehensive Clinical Nephrology 3rd Ed Mosby Elsevier 2007  
 Pastan et al NEJM 1998;338:1428-1436

# Dialysis Buffer

- HCO<sub>3</sub>-containing solutions were used as the dialysate during the early development of hemodialysis techniques *[KOLFF et al.: The artificial kidney. Acta Med Scand 117:121, 1944]*
- This required the cumbersome aeration of dialysate with CO<sub>2</sub> to prevent precipitation of calcium salts.
- To simplify the hemodialysis procedure, **Mion et al [1964]** introduced the use of **ACETATE** as a source of bicarbonate in dialysate solutions

***MION CM, HEGSTROM RM, BOEN ST. SCRIBNER BR: Substitution of sodium acetate for sodium bicarbonate in the bath fluid for hemodialysis. Trans Am Soc Artif Intern Organs 10:110, 1964***

# Disadvantage of $\text{HCO}_3^-$

- precipitation with calcium and magnesium
- the risk of bacterial contamination,

bicarbonate was rapidly abandoned and replaced by acetate during the first two decades of dialysis therapy



see commentary on page 909

# Survival advantage of hemodialysis relative to peritoneal dialysis in patients with end-stage renal disease and congestive heart failure



Florence Sens<sup>1,2</sup>, Anne-Marie Schott-Pethelaz<sup>2,3</sup>, Michel Labeeuw<sup>1,3</sup>, Cyrille Colin<sup>2,3</sup> and Emmanuel Villar<sup>1,4</sup>, on behalf of the REIN Registry

<sup>1</sup>Department of Nephrology, Hospices Civils de Lyon, Lyon-Sud University Hospital, Pierre Benite, France; <sup>2</sup>Pole IMER des Hospices Civils de Lyon, Lyon, France; <sup>3</sup>University Lyon I, Villeurbanne, France and <sup>4</sup>UMR 5558, University Lyon 1, CNRS, Equipe Biostatistiques Santé, Villeurbanne, France

Thus, mortality risk was higher with PD than with HD among incident patients with end-stage renal disease and congestive heart failure. These results may help guide clinical decisions and also highlight the need for randomized clinical trials.

*Kidney International* (2011) **80**, 970–977; doi:10.1038/ki.2011.233; published online 20 July 2011

# Annals of Internal Medicine

Annals of Internal Medicine

*Established in 1927 by the American College of Physicians*

## **Less Dialysis-Induced Morbidity and Vascular Instability with Bicarbonate in Dialysate**

U. GRAEFE, M.D.; J. MILUTINOVICH, M.D.; W. C. FOLLETTE; J. E. VIZZO;  
A. L. BABB, Ph.D.; and B. H. SCRIBNER, M.D., F.A.C.P.

Ann Intern Med March 1, 1978 88:332-336;

# Annals of Internal Medicine

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### Abstract

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We devised three protocols to test the postulate that increased morbidity during high–efficiency dialysis with large–surface–area units (LS) might be due in part to the increased flux of bicarbonate out and acetate into the patient inherent in LS dialysis. The first protocol showed that with LS–acetate dialysis there was a marked fall in plasma bicarbonate and  $PCO_2$  during the first 3 to 4 h, followed by a rapid rise in bicarbonate above normal and return to control in  $PCO_2$ . With LS–bicarbonate dialysis, these oscillations were largely eliminated. A second double–blind protocol showed that central nervous system–type symptoms noted during and after LS–acetate dialysis were reduced significantly by switching to LS–bicarbonate dialysis. The third protocol showed that with LS–bicarbonate the tolerable rate of ultrafiltration could be increased 67% compared with LS–acetate dialysis.

# Mechanisms by which Acetate Buffer Contributes to Hemodynamic Instability

- Directly decreases peripheral vascular resistance (in approximately 10% of patients)
- Stimulates release of the vasodilator compound, interleukin 1
- Induction of metabolic acidosis through bicarbonate loss through the dialyzer
- Associated with arterial hypoxemia and increases in oxygen consumption
- Possible Myocardial effects of acetate

# Disadvantages of Acetate Dx

- only around 10% of hemodialyzed patients present a severe problem when dialyzed against acetate and should be dialyzed
- against bicarbonate;
- dialysis against acetate does not fully correct the metabolic acidosis even in "normal" patients.

*Patrick Vinay et al. Kidney Int 31: 1194-1204; 1987*



## **THE INFLUENCE OF ACETATE VERSUS BICARBONATE ON PATIENT SYMPTOMATOLOGY DURING DIALYSIS**

*K Nagai, M Pagel, T Rattazzi, J Vizzo, B H Scribner*

University of Washington, Seattle, WA, USA

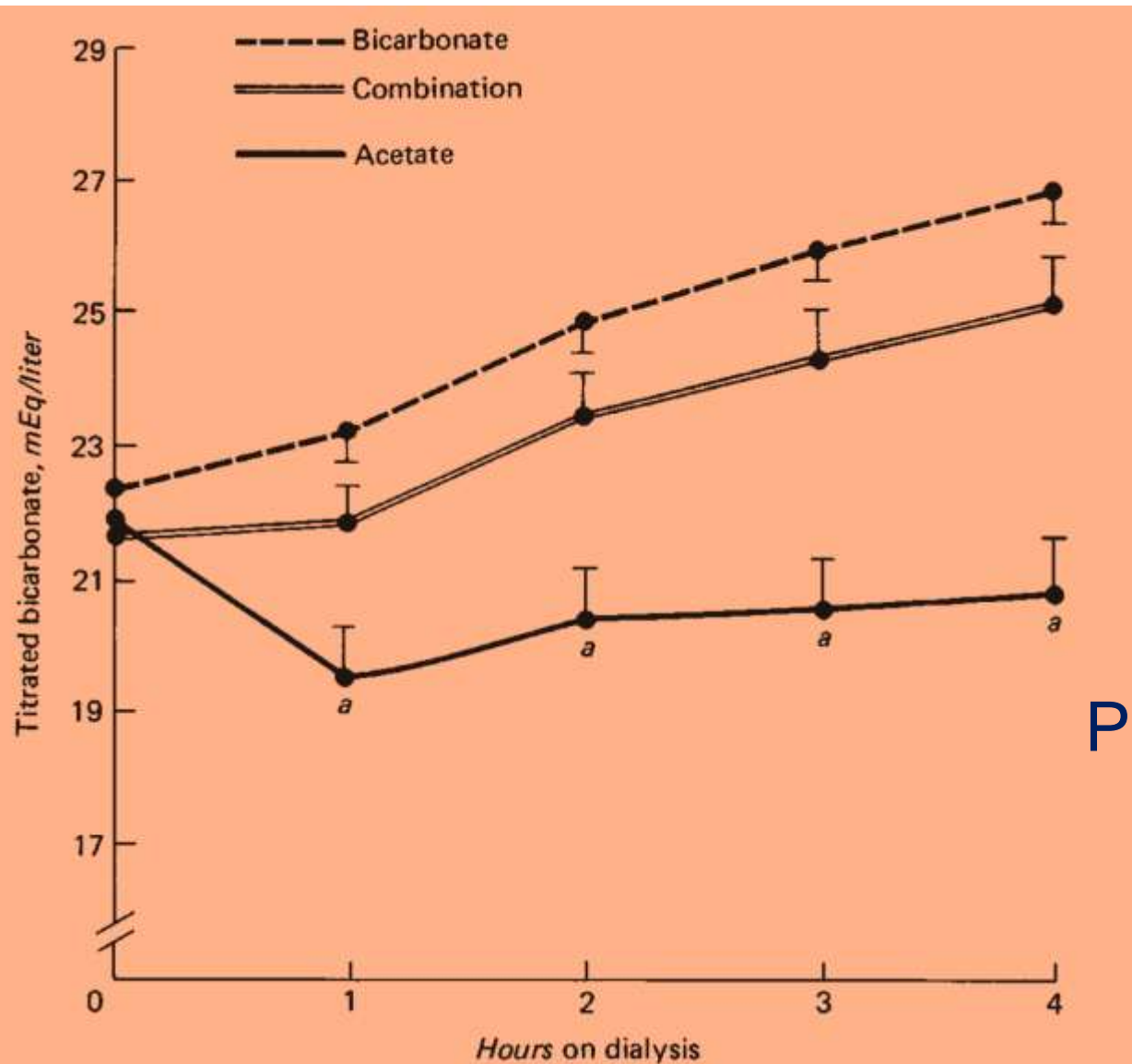
Patients experienced significantly more symptoms and deterioration of objective performance test scores with both LS—A and LS—C than LS—B. Furthermore, a correlation was seen between plasma acetate level at the end of dialysis and decrement in the performance test scores. The results suggest that accumulation of acetate rather than acute alteration in acid-base status is primarily responsible for the morbidity.

## Acetate and bicarbonate fluctuations and acetate intolerance during dialysis

- 21 stable maintenance dialysis patients undergoing treatments
- Each patient was dialyzed three times – Once each with:
  - 38 mEq/liter acetate (A),
  - 35 mEq/liter bicarbonate (B),
  - and a combination bath containing 38 mEq/liter acetate and 10 mEq/liter bicarbonate (C)
- Each dialysate bath contained 3.5 mEq/liter Ca, 140 mEq/liter Na, and K as required. The total Cl was 102, 105, and 92 mEq/liter for the A, B, and C dialysates, respectively

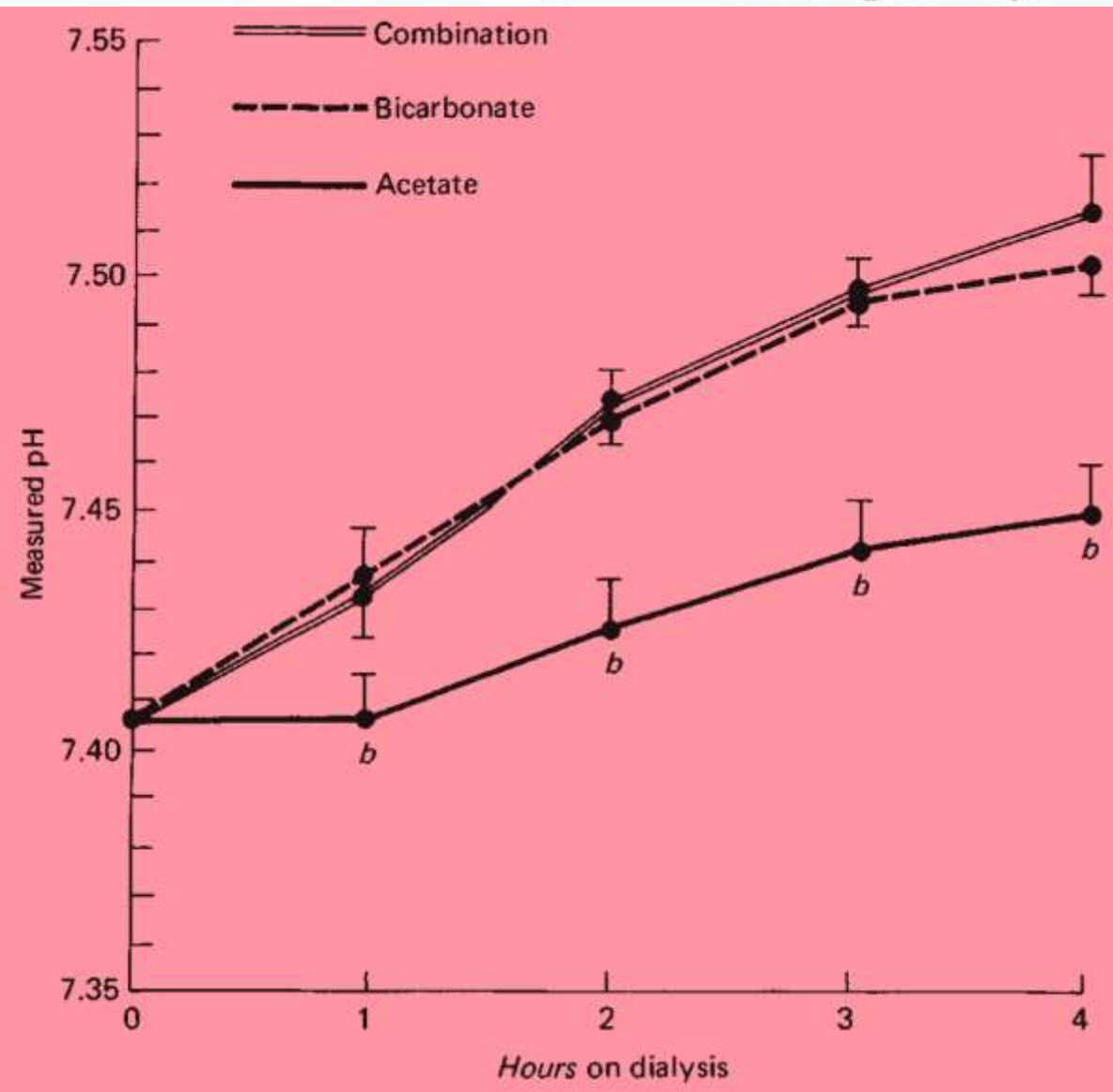


## Acetate and bicarbonate fluctuations and acetate intolerance during dialysis



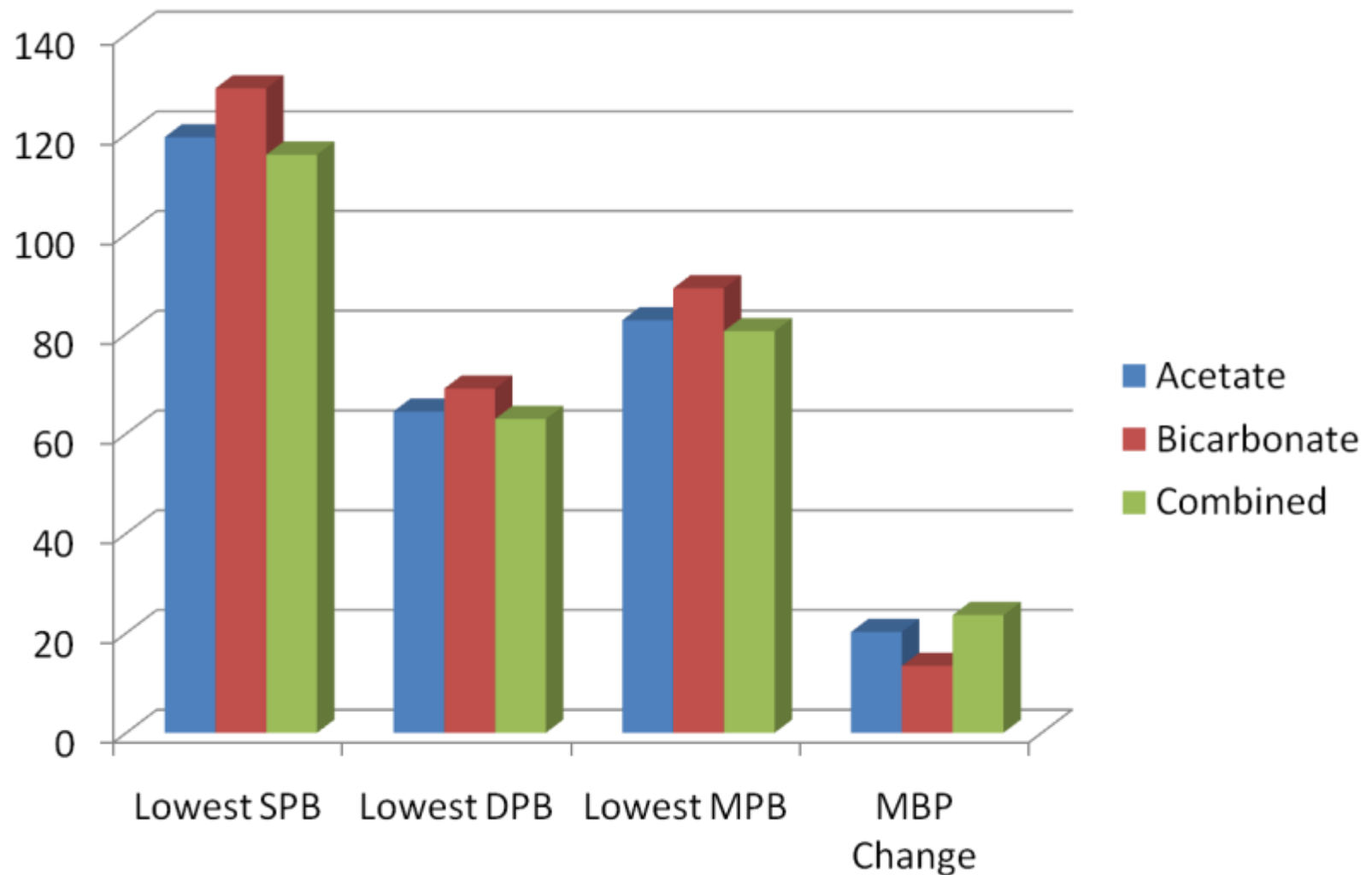
Plasma bicarbonate  
changes during  
dialysis

## Acetate and bicarbonate fluctuations and acetate intolerance during dialysis

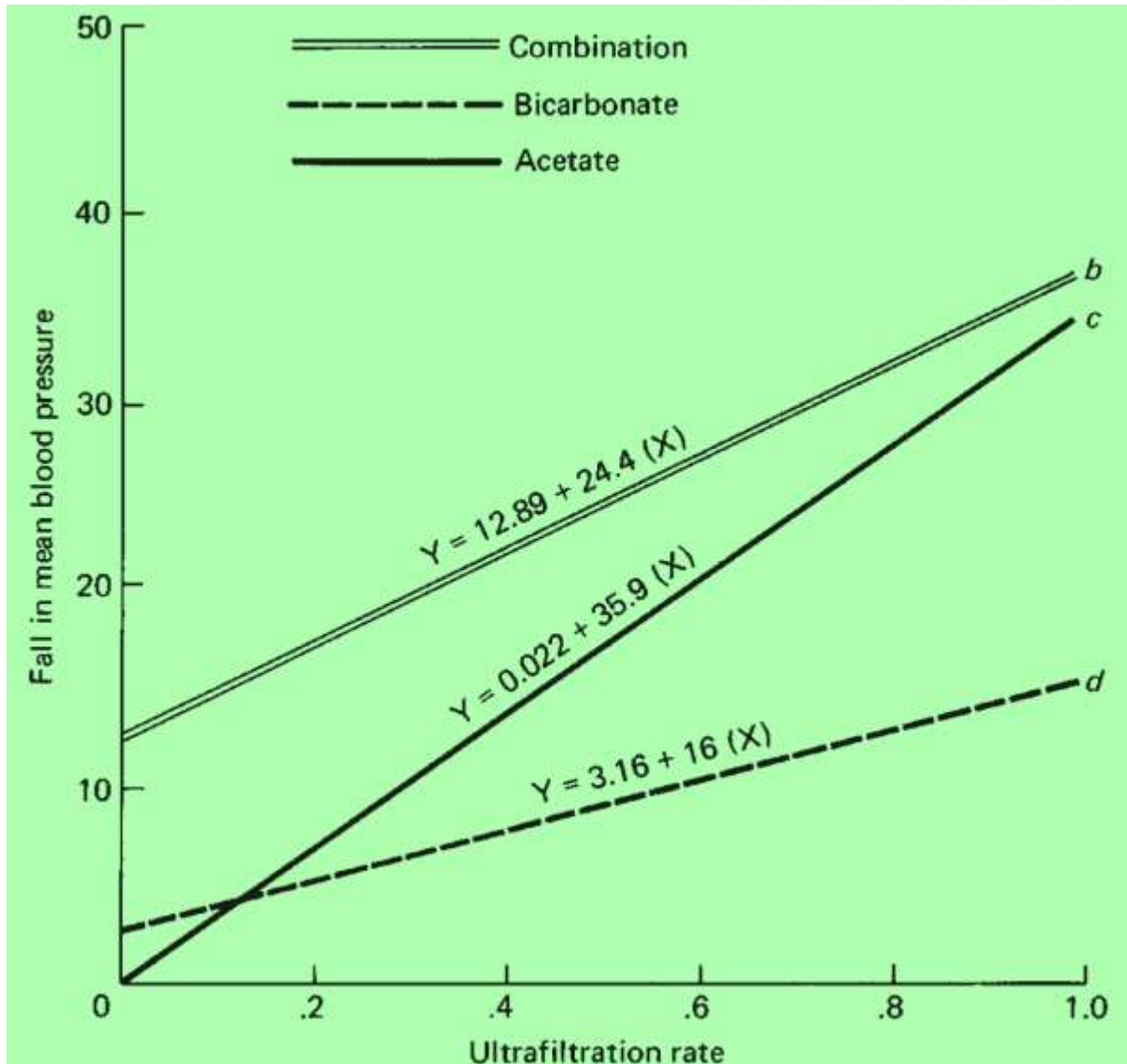


Changes in blood pH during dialysis

## Acetate and bicarbonate fluctuations and acetate intolerance during dialysis



## Acetate and bicarbonate fluctuations and acetate intolerance during dialysis



Regression line of fall in mean blood pressure versus rate of ultrafiltration

## Acetate and bicarbonate fluctuations and acetate intolerance during dialysis

### Symptoms and performance task scores during dialysis

Frequency of symptoms	Acetate (A)	Bicarbonate (B)	Combination (C)
Nausea	10	2	10
Headache	11	11	14
Vomiting	2	0	1
<i>Total</i>	23 <sup>a</sup>	13	25 <sup>b</sup>
Reaction time change, msec <sup>c</sup>	29.3 <sup>a</sup> ±38.1	9.1 ±37.1	40.9 <sup>b</sup> ±41.8

<sup>a</sup> A vs. B,  $P < 0.05$ .

<sup>b</sup> C vs. B,  $P < 0.01$ .



## High sodium bicarbonate and acetate hemodialysis: Double-blind crossover comparison of hemodynamic and ventilatory effects

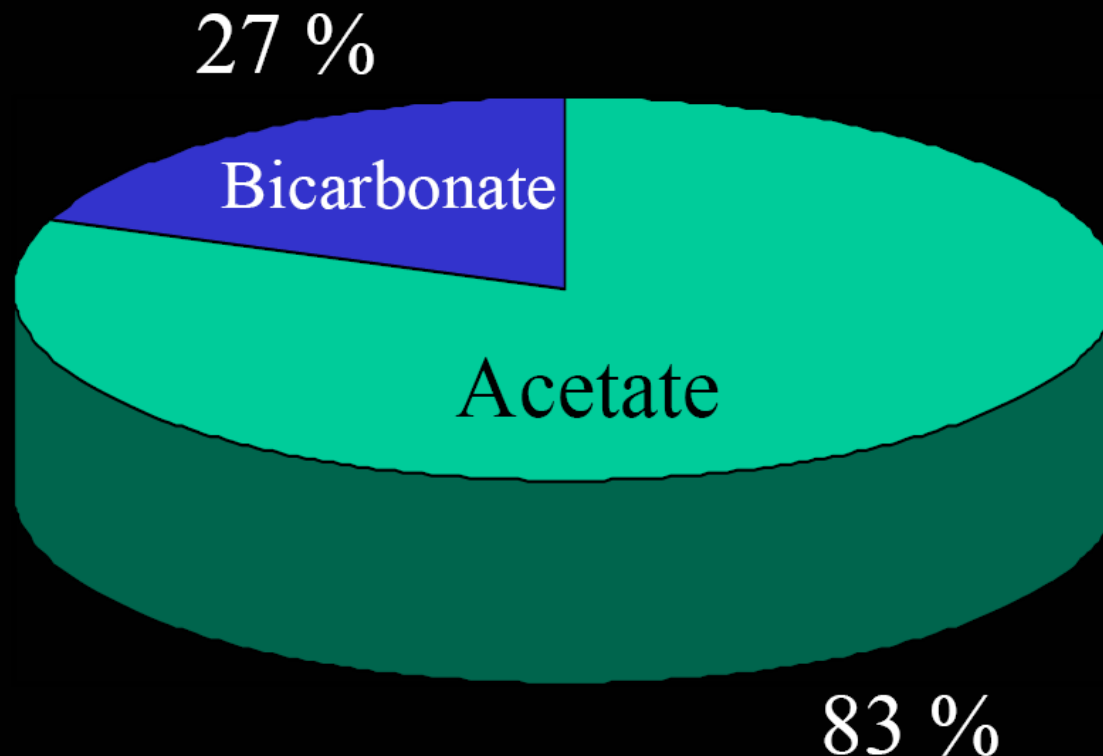
WILLIAM L. HENRICH, TERRY D. WOODARD, BARRY D. MEYER, TIMOTHY R. CHAPPELL,  
and LEWIS J. RUBIN

*Department of Internal Medicine, Divisions of Nephrology and Pulmonary Disease, University of Texas Southwestern Medical School and  
Dallas Veterans Administration Medical Center, Dallas, Texas*

In summary, these results demonstrate strikingly similar hemodynamic and ventilatory responses with the two dialysates when a higher osmolality dialysate is used. However, Bi HD was associated with a significant reduction in the number of therapeutic interventions required, and also resulted in a greater pre-HD pH and bicarbonate concentration.

# Hemodialysis Solutions

n. 3415







# HAEMODIALYSIS CONCENTRATED SOLUTION

Dilution Ratio 1 : 34  
(B.P 2003)

## ACETATE FORMULA

Formula for 1 L of diluted solution

Na <sup>+</sup>	138	mEq.	Mg <sup>++</sup>	1.5	mEq.
K <sup>+</sup>	1.5	mEq.	Cl <sup>-</sup>	107	mEq.
Ca <sup>++</sup>	2.5	mEq.	CH <sub>3</sub> COO <sup>-</sup>	36.6	mEq.

NON-PYROGENIC

M.O.H Reg. No. : 970 / 2008

### INSTRUCTIONS FOR USE

- Concentrated Solution is to be diluted immediately Before use.
- Volume taken for use is to be measured accurately
- Any unused portion of solution is to be discarded
- Store at a temperature not below 4°C

Volume : 20 L

Batch No. :

Manf. Date :

Exp. Date :

AC 6-11

5/2011

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# HAEMODIALYSIS CONCENTRATED SOLUTION

Bicarbonate Formula ( B.P 2003)

Dilution Ration ( 1:35.2 )

( Component A )

Each Plastic Container 20 Liters Contain:

Glacial Acetic Acid	135.8	ml
Sodium Chloride	4.442	kg
Potassium Chloride	108	gm
Calcium Chloride	186	gm
Magnesium Chloride	73.6	gm

Ionic Formula per liter

Na <sup>+</sup>	105	mmol/L
K <sup>+</sup>	2	mmol/L
Ca <sup>++</sup>	1.75	mmol/L
Mg <sup>++</sup>	0.5	mmol/L
Cl <sup>-</sup>	111.5	mmol/L
CH <sub>3</sub> COO <sup>-</sup>	3.0	mmol/L

## INSTRUCTIONS FOR USE

- The concentrated solution is to be diluted immediately before use.
- Store at a temperature not below 4°C.
- The volume taken for use is to be measured accurately.
- Unused portion of solution is to be discarded.
- Component (b) is to be added before use.

Volume : 20 L

Batch No. :

Manf. Date :

Exp. Date :

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**الوزن الصافى : ٦٥٠ جم**

طريقة الإستعمال : تذاب هذه الكمية فى ٨ لتر ماء مقطر  
مكونات ( جزء ب / Component B ) الذى يستعمل مع ٨ لتر  
من محلول الكلى المركز ( جزء أ / Component A )

**ويحظر الإستخدام منفردا**

**Warning :**

- This packet can not be used by itself for Haemodialysis, it should be used with Component A.
- Bicarbonate solution must be used in the same day of preparation.
- Keep tightly sealed until used avoiding excessive heat.

Batch No. : 2011/10

Manf. Date : 3/2011

Exp. Date : 3/2016



النهر للكيماويات الدوائية

أبوزعبل مصر

Made in Egypt





# BiCart®

Sodium bicarbonate ( $\text{NaHCO}_3$ , Ph. Eur., USP)

EN For dialysis	ET Dialüüsi jaoks	NO For dialyse
ES Para diálisis	FI Dialyysilä varten	PL Do dializy
DE Für die Dialyse	HU Dialízis céljára	PT Para diálise
FR Pour dialyse	IT Per dialisi	SK Pre dialýzu
CS Pro dialýzu	LT Dializėi	SL Za dializo
DA Til dialyse	LV Dialīzei	SV För dialys
EL Για αιμοδιάλυση	NL Voor dialyse	

DIN 00882666. Patent US 4,784,495.



CE 0086

B10640 Rev. 2005-01

Exp. date



Tom medical **B**  
Hemodialysis bicarbonate cartridge  
NaHCO<sub>3</sub>, Eur. Ph  
720g

Model No: TM52003083  
This product is a corresponding item to the  
dialysis machine used in the Gambia, Cote d'Ivoire  
DRC and so on.

Product Standard: GB 0500-2008

Warnings: This product is not for use in  
the following cases:  
1. For use in the dialysis machine.  
2. For use in the dialysis machine.  
3. For use in the dialysis machine.  
4. For use in the dialysis machine.

Precautions: Please read the instructions  
carefully and store in a cool and dry  
place under 40 degree. Don't leave violent,  
corrosive or odorant things with the  
cartridge together.

Production date:  
Lot no.:  
Validity: two years.

Tom Medical Supplies Co., Ltd.  
ADD: 19th street, Hangzhou economic  
Development Zone, Hangzhou, China  
[Http://www.tmsplc.com](http://www.tmsplc.com)



31.05.2011 11:37

## Metabolic Acidosis as a Complication of Bicarbonate Haemodialysis

Irshad Ahmad Sirwal, Bassam Bernieh, Abdulrahman Osman Mohamad, Mohamed Adnan Abbadi, Mossadeque Ahmed, Ahmad Abdelwahab Altabakh

From the Department of Nephrology, King Fahad Hospital, Medinah Al Munawara~ KSA.

12 episodes of severe metabolic acidosis were observed among 10 maintenance dialysis patients using Bicarbonate Haemodialysis (HDB). Patients were stable at the start of haemodialysis (HO) and became sick during or following the procedure. The main clinical features observed were abdominal pain and vomiting, hypotension or shock, and CNS manifestations. Laboratory investigations revealed severe metabolic acidosis in all and hyperkalemia in 4 patients. On four occasions, dialysate fluid sample analysis revealed purely acidic dialysate being delivered to the patients. Patients were treated by sodium bicarbonate, redialysis on another machine and vasopressors when severely hypotensive. One patient died and the rest improved. This potentially lethal complication needs to be considered early in all patients who become sick during or following HDB.

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The use of acetate and bicarbonate dialysis at the same dialysis centre results in the necessity of use of different dialysate concentrates. Hence, there is an increasing chance of mistake by using the wrong concentrate. Dialysis equipment can proportion the dialysis fluids using an acid concentrate as acetate and still obtain the proper conductivity without setting off alarms. Mixture of only the acidic component with water may not be detected by conductivity-meter and unless a pH meter is included, an acid dialysate will be delivered to the patient inducing life threatening metabolic acidosis.





most prescribed  
citric-acid  
concentrate

Citrasate® Acid Concentrates

	Product Code Number	Na+ mEq/L	K+ mEq/L	Ca++ mEq/L	Mg++ mEq/L	Cl- mEq/L	Acetate mEq/L	Dextrose mg/dL	Citrate mEq/L
Case = 4 Bottles 1 bottle = 1 gallon (3.78 Liters)	08-1251-CA	100.3	1	2.50	1.00	104.50	0.3	100	2.4
	08-2251-CA	100.3	2	2.50	1.00	105.50	0.3	100	2.4
	08-3251-CA	100.3	3	2.50	1.00	106.50	0.3	100	2.4
1 Drum = 55 gallons (208.2 Liters)	13-1251-CA	100.3	1	2.50	1.00	104.50	0.3	100	2.4
	13-2251-CA	100.3	2	2.50	1.00	105.50	0.3	100	2.4
	13-3251-CA	100.3	3	2.50	1.00	106.50	0.3	100	2.4

Acid concentrate formulas are expressed as acid portion only prior to the addition and reaction of Fresenius sodium bicarbonate. For use with hemodialysis equipment capable of calibration for a mix ratio of 1:44 (also expressed as 45x or 1:1.72:42.28)



**NxStage System One: Treatment when you want, how you want and where you want**





Thanks